

APPLY NOW!

Prerequisites:

- Licensed mental health professionals with a minimum of a master's degree (those seeking licensure must currently be supervised by a licensed clinician)
- Professionals who have completed, are currently enrolled in or will enroll in the University of Wisconsin Infant, Early Childhood and Family Mental Health Capstone Certificate Program OR who have graduated from a comparable training program in infant/early childhood mental health

Training Fee:

The fee for this 18-month Implementation Level CPP Training is \$7,200.



For more detailed information about the WI CPP Training Program please visit:

ifmh.psychiatry.wisc.edu



Wisconsin Child-Parent Psychotherapy Learning Community: A Trauma Informed Training Program



*An Exciting
Professional
Development
Opportunity!*

WHAT IS CPP?

CPP is an evidence-based, trauma-informed, and relationship-based psychotherapy treatment for children ages birth to six who have experienced trauma and/or are experiencing emotional, behavior, attachment, and/or mental health problems. Services are provided in the context of children's primary caregiving relationship(s), and aim to strengthen these relationships to promote safety, healing, emotional regulation, mental health, and return to a normal developmental trajectory.

The CPP therapist partners with the child's caregivers to recognize and support family strengths and address challenges while honoring family and cultural values.

CPP was developed by Alicia Lieberman, PhD; Patricia Van Horn, PhD and Chandra Ghosh-Ippen, PhD at the Child Trauma Research Program at the University of California, San Francisco.

TRAINING COMPONENTS

- 18 month commitment for agency teams that include mental health clinicians and their supervisors
- Initial Learning Session will be held remotely via Zoom over two days in August and a third day in September
- Two additional learning sessions to be held in February and August 2022. These will be held in Madison, WI pursuant to University and Public Health guidance
- Implementation of CPP with a minimum of four child-parent dyads
- Twice monthly, one-hour fidelity group teleconference calls with CPP Trainer
- Twice monthly, one-hour reflective consultation teleconference calls
- Monthly, one-hour telephone calls for supervisors with a CPP Trainer
- Preparation to apply CPP concepts and strategies to Infant/Early Childhood Mental Health Consultation
- UW-Madison Extension CEUs
- Opportunity for National Rostering in CPP

DATES FOR 2021-2023

August 19-20 & September 24, 2021
February 24-25, 2022
August 11-12, 2022

CPP TREATMENT OBJECTIVES

In CPP, the therapist supports and holds in mind the experiences and history of both child and parent as they work with the dyad to address presenting concerns, traumatic or stressful experiences, and often the impact of intergenerational trauma.

- Enhance safety
- Strengthen family relationships
- Enhance affect regulation
- Enhance understanding of the meaning of behavior
- Normalize the traumatic response
- Facilitate the co-creation of narratives to help make meaning of traumatic and/or stressful experiences, as well as protective factors
- Help differentiate between then and now
- Promote normative development
- Help the family put the traumatic experience in perspective
- Convey hope