

## APPLY NOW!

### Prerequisites:

- Licensed mental health professionals with a minimum of a master's degree (those seeking licensure must be supervised by a licensed clinician trained in CPP)
- Professionals who have completed or are enrolled in the University of Wisconsin Infant, Early Childhood and Family Mental Health Capstone Certificate Program OR who have completed a comparable training program in parent-infant/early childhood mental health

### Training Fee:

The fee for this 18-month Implementation Level CPP Training is \$7,200.



For more detailed information about the WI CPP Training Program please contact Sarah Strong at [sstrong@wisc.edu](mailto:sstrong@wisc.edu) or visit:

[ifmh.psychiatry.wisc.edu](http://ifmh.psychiatry.wisc.edu)



**School of Medicine  
and Public Health**  
UNIVERSITY OF WISCONSIN-MADISON



## Wisconsin Child-Parent Psychotherapy Learning Collaborative: A Trauma Informed Training Program



*An Exciting  
Professional Development  
Opportunity!*

## WHAT IS CPP?

CPP is an evidence-based, trauma-informed, and relationship-based psychotherapy treatment for children ages birth to six who have experienced trauma and/or are experiencing emotional, behavior, attachment, and/or mental health problems. Services are provided in the context of children's primary caregiving relationship(s), and aim to strengthen these relationships to promote safety, healing, emotional regulation, mental health, and return to a normal developmental trajectory.

The CPP therapist partners with the child's caregivers to recognize and support family strengths and address challenges while honoring family and cultural values.

CPP was developed by Alicia Lieberman, PhD; Patricia Van Horn, PhD and Chandra Ghosh-Ippen, PhD at the Child Trauma Research Program at the University of California, San Francisco.

## TRAINING COMPONENTS

- 18 month commitment for agency teams that include mental health clinicians and supervisors
- Attend three learning sessions provided at six month intervals and a closing session (dates and locations listed below)
- Implementation of CPP with a minimum of four child-parent dyads
- Twice monthly, one-hour group consultation calls via Zoom with a CPP Trainer
- Twice monthly reflective supervision/consultation with a supervisor/consultant trained in CPP provided through participant's workplace or the CPP Training
- Monthly, one-hour reflective consultation calls for supervisors with a CPP Trainer
- Preparation to apply CPP concepts to Infant/Early Childhood Mental Health Consultation
- UW-Madison Extension CEUs (approximately 5 CEUs (50 Hours))
- Opportunity for National Rostering in CPP

### DATES FOR 2024-2025

**March 6-8, 2024** in Milwaukee, WI

**September 9-10, 2024** via Zoom

**March 6-7, 2025** via Zoom

**September 8, 2025** in Milwaukee, WI

## CPP TRAINING OBJECTIVES

In CPP, the therapist supports and holds in mind the experiences and history of both child and parent as they work with the dyad to address presenting concerns, traumatic or stressful experiences, and often the impact of intergenerational trauma.

- Enhance safety
- Strengthen family relationships
- Promote affect regulation
- Enhance understanding of the meaning of behavior
- Normalize the traumatic response
- Facilitate the co-creation of narratives to help make meaning of traumatic and/or stressful experiences, as well as protective factors
- Help differentiate between then and now
- Promote normative development
- Help the family integrate the traumatic experience
- Convey hope